



THE JAMMU & KASHMIR BOARD OF SCHOOL EDUCATION
CURRICULUM DEVELOPMENT & RESEARCH WING (CDRW) ACADEMIC DIVISION (JAMMU DIVISION), Rehari
Colony, Jammu-Tawi (JAMMU & KASHMIR)
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No: F (Acad. CDRW) NCPCR/B/23/
Dated:- 28-06-2023

CIRCULAR

Subject: Ensuring Health of Children with Type 1 Diabetes.

National Commission for Protection of Child Rights (Hereinafter referred to as the Commission) is a statutory body constituted under Section 3 of the Commission for protection of Child Rights (CPCR) Act, 2005 to protect the child rights and other related matters in the country. The Commission is further mandated to monitor the proper and effective implementation of Protection of Children from Sexual Offences (POCSO) Act, 2012; Juvenile Justice (Care and Protection of Children) Act, 2015 and Right to Free and Compulsory Education (RTE) Act, 2009. In one of the functions laid down under Section 13 of the CPCR Act, 2005, the commission has been assigned with the function to examine and safeguards provided by or under law for the time being in force for the protection of Child Rights and recommend measures for their effective implementation. The Commission also has the powers of Civil Court trying to suit under Section 14 of CPCR Act, 2005 and Code of Civil Procedure, 1908. All the schools are directed to ensure health of Children with Type 1 diabetes on the following:

- i. A child with Type 1 diabetes, who requires a mid-morning or mid-afternoon snack should be permitted by the Class Teacher to consume it.
- ii. The child can participate in sports as advised by medical person.
- iii. Children with Type 1 diabetes giving their exams and other competitive exams may be considered for the following:
 - ✓ Permitted to carry sugar tablets with them.
 - ✓ Medicines, fruits, snacks, drinking water, biscuits/peanuts /dry fruits should be allowed into the exam hall and kept with teacher, if required these items shall be given to children during the examinations.
 - ✓ The staff should permit the child to carry a glucometer and glucose testing strips along with him/her into the exam hall which may be kept with Invigilator/Teacher.
 - ✓ The child should be permitted to test blood sugar and to consume the above mentioned items as per requirements.
 - ✓ Children using CGM (Continuous Glucose Monitoring), FGM (Flash Glucose Monitoring) and or insulin pumps have to be given permission to retain these devices during exams as they are attached to the body of said children. In case a smart phone is used as a reader, it may be handed over to the Teacher/Invigilator to monitor the blood sugar levels.


Director Academics

Copy to the:-

1. Registrar, NCPCR for information and n/a please
2. Director SCERT, J&K for information
3. Director School Education, Jammu/ Kashmir for information
4. P.S to Principal Secretary to Govt. School Education Department, UT of J & K/ Ladakh for information.
5. P.S/ P.A to Chairman/ Secretary for the information of the Chairman/ Secretary
6. Concerned File.